GymBodyz Sports & Fitness

Winter Gala 13th December 2020

Competitors Entry Form/Disclaimer

Bio

Thank you for entering the GymBodyz Sports & Fitness Gala. This document is in word format so it can be easily downloaded and/or completed online or on any smart phone. You will need to print and sign (hand or electronic signature) it at the very end and email it back to us at [info@gymbodyz.com](mailto:info@gymbodyz.com).

THIS ENTRY FORM MUST BE COMPLETED, SIGNED AND **EMAILED BACK** TO US AS SOON AS POSSIBLE. DUE TO COVID-19 MEASURES.WE WILL **NOT** ACCEPT ANY PAPER BIO’S BEING GIVEN TO US ON SHOW DAY.

Please fill out the entry/bio form in full, accurately and with as much detail as possible. We will use some of the information to introduce you on stage and tell the audience about you. This document will only be seen by Executive GymBodyz personnel.

**Disclaimer**

Always consult your Doctor/ Physician before entering any GymBodyz competition and seek their express permission that you are fit, well and able to participate. If you have any prior medical condition or injury that contraindicates physical activity, a change in your nutrition or that would impede you competing at the GymBodyz Gala then you MUST advise us at GymBodyz and supply us with a written letter from your Doctor/Physician that you are cleared to medically enter the competition.

If you do not have the experience to prepare yourself for the GymBodyz Gala, we advise you to seek the guidance of an experienced, certified competition preparation trainer to get you ready for the GymBodyz Gala. If you choose to prepare yourself for the competition than you take full responsibility for your own preparation both prior to and after the GymBodyz Gala.

**Assumption of Risk**

You (competitor) fully understand that by participating in the GymBodyz competition and attending any or all of our Stage Presentation workshops include activities that require walking on an elevated stage, including activities such as walking, posing, walking in high heels (if applicable)turning, stretching etc-This is not an exhaustive list.

You fully understand that your participation in these activities involve the risk of injury and even the possibility of death. Furthermore, you hereby confirm that you are voluntarily engaging in all and any acceptable level of exercise/movement required to participate in the GymBodyz competition and any GymBodyz Stage Presentation Workshops that you attend.

You further acknowledge that your participation will by physically and mentally challenging, and you agree that it is your responsibility to seek competent medical or other professional advice, regarding any concerns or questions involved with the ability of you to take part in the GymBodyz Competition/GymBodyz Stage Presentation

You understand and are in agreement that you assert that you are capable of participating in the GymBodyz competition and any Stage Presentation Workshops that you attend.

You agree to assume all risk and responsibility and as a result of this agreement you or your representatives agree to waiver any claims against Bliss Fit Ltd (Trading as GymBodyz) or Paulette Sybliss.

* \*Required information
* Items Highlighted in **RED WILL NOT BE READ OUT ON SHOW DAY**
* First Name/Preferred Name\*
* Last Name\*
* **Email address\***
* **Date of Birth\***
* **Address line 1\***
* **Address line 2\***
* **Address Line 3**
* **Post Code\***
* Country\*
* **Mobile number\***
* **Height in feet\***
* Place of Birth\*
* Current place of residency\*

**More About You**

* Have you competed before?
* What gym do you train at, if any?
* Do you want us to give your gym a shout out?
* Are you a Sponsored athlete?
* If you are a Sponsored athlete what is the name of your Sponsors?
* Do you want us to give your sponsors a shout out?
* Are you a self- trained competitor?
* Do you have a personal trainer, if yes, what is their name?
* Can we tag, promote your Trainer in any post we put out about you on our Social Media Platforms?
* If applicable, can we give a shout-out to your Trainer and or Sponsors on show day?

**More About You-Social Media**

* Are you on Facebook, if yes, what is your name as written on Facebook?
* Are you on Instagram, if yes, what is your handle?

**More About You-Hobbies etc**

* Please use the section below to add anything else that you would like us to share with the audience. We cannot guarantee we can state everything so please list them in priority with the most important listed first, some examples are
* *EXAMPLE-I am a mother/father of 3 -*
* *EXAMPLE-I speak 2 different languages-*

**IMPORTANT**

**COVID-19 POLICY & PROCEDURES**

**In order to keep you and your fellow competitors, staff, and audience members safe during Winter Gala. We have implemented the following measures and extra precautions.**

* We have limited the number of competitor entries for Winter Gala. There will be no competitor entry allowed to take place on show day.
* GymBodyz and The Venue has limited the number of audiences that will be admitted.
* The Venue is seating all audiences in pods (seating of 2 chairs)-2 people per pod from the same household or bubble.
* **Athletes MUST arrive at the venue alone. No friends, family, coaches, associates will be permitted into the venue prior to spectator entry. No exceptions will be made.**
* No unauthorised persons will be allowed backstage, this includes family/friends of competitors.
* Hand sanitiser stations around the venue and backstage.
* Floor markings and posters to help with people flow and social distancing.
* The Venue has an increased cleaning schedule.
* Records will be kept privately & confidentially for 21 days ONLY by The Venue of all people who have visited.
* GymBodyz keeps a record of all competitors, staff, and sponsors in our secure data base for a period of 2 years.
* The Venue has sneeze screens in place at the bar.
* The Venue bar has a new social distancing seating arrangement.
* The Venue has a policy of contactless payment only.
* We are encouraging the use of face masks/covering to wear when you are **not** on stage.
* You are **not** required to wear a face mask on stage.
* Our Sponsors will be wearing face masks/coverings when undertaking any services, you have booked i.e. tan, hair, make-up.
* We strongly urge you to book with our official tanner. If you do not, then you MUST arrive at The Venue with your tan already applied. We will only allow you to do very minor, small touch ups backstage.

The above measures and precautions are subject to last minute updates and changes based on any new UK Government guidelines and directives that may be introduced in the future. We ask for your understanding if this does occur and we will of course update you as soon as we can, should the need arise.

**IMPORTANT**

**‘DREAM TAN’ IS NOT allowed on any GymBodyz competitor or at any venue that GymBodyz uses for its gala’s or workshops. Any competitor found wearing or using Dream Tan will be disqualified from competing and asked to leave the venue immediately with no refunds given at any time to them or any spectators who have paid to see them compete.**

I,\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(Print your full name)

* Confirm that I have read the above COVID-19 Policy and agree to adhere to it and any future changes that may arise as a result of updated UK Government COVID-19 directives and law.
* Confirm that the personal information detailed above in my bio is true and accurate.
* Understand that I MUST attend the athletes meeting on show day or I will be unable to compete.
* I understand that if I am competing in any category such as a Master’s categories, that I may be asked to confirm proof of my age (Full drivers’ licence or Passport) at the athletes meeting. If I cannot provide proof, then I will only be able to compete in the Open category.
* I hereby agree to be bound by the terms, conditions, and criteria for the category I am competing in as stated on the GymBodyz website.
* I hereby confirm that I will be aged 18 years old or over on the day of the Gala, Sunday December 13th, 2020.
* **Photography, filming, and podcasts disclaimer**: Please note that photographs and video footage will be taken throughout the full day at GymBodyz Winter Gala by our Official personnel and will include images of you. These images will be used by GymBodyz for: Future marketing| Publicity in our publications |On our website| On our Social media platforms | In any third-party publications. By agreeing to compete in the GymBodyz Winter Gala, you are giving us your permission to use any pictures or video footage we have that may feature you.
* **Assumption of risk** You (competitor) fully understand that by participating in the GymBodyz Gala activities, that your participation in these activities involves the risk of injury and even the possibility of death. Furthermore, you hereby confirm that you are voluntarily engaging in the gala and its activities and you agree to assume all risk and responsibility and as a result of this agreement, you or your representatives agree to waiver any claims against Bliss Fit Ltd(Trading as GymBodyz) or Paulette Sybliss.

Signed\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Print Full Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Any Electronic/digital/printed signature added to this document by you as your electronic signature will mean you are agreeing to be bound by this agreement in its entirety.**